

Panel Discussion I: January 28, 2012

Hidden Causes of Chronic Conditions: *Solving the Puzzle*

Dr. Eric Balcavage is a chiropractic physician who has been in private practice since 1996. He received his Bachelor's degree in 1990 and his Doctorate degree in 1995 from *Palmer College of Chiropractic*.

He started his practice with a focus on the traditional concepts of chiropractic; the structure of the spine, its impact on the nervous system and a person's health. Due to the challenges he faced with some very sick patients that could not tolerate any type of traditional physical therapy or chiropractic care, Dr. Balcavage became interested in functional neurology and blood chemistry.

Studying those disciplines and incorporating them with chiropractic care he has been able to help people with some of the most challenging chronic conditions.



Over the last four years, his practice has transitioned from a traditional chiropractic office to a more holistic office blending chiropractic care, functional neurology, functional blood chemistry, functional nutrition, and brain based therapy. This change has allowed him to help the sickest of the sick, those with chronic health challenges that no one else seems to be able to help.

His office now not only helps people with symptoms that they would normally go to the chiropractor for (like back and neck pain, headaches, etc.) but also with conditions like peripheral neuropathy, fibromyalgia, thyroid disorders, vertigo, diabetes, skin disorders and weight challenges.

This change in his practice style is the basis behind his office purpose: **To Provide Answers and Promote Health**

He consults with hundreds of doctors around the country on the treatment of chronic pain, neurologic and metabolic conditions. His clinic has always been on the cutting edge of the health care industry. Currently, he devotes his practice to treating chronic pain and chronic metabolic conditions.

Dr. Balcavage lives with his lovely wife Kelly and their 3 children in London Grove Township, PA. He is active in both the Glen Mills and London Grove communities as a Rotarian and coach of youth sports.

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Dr. Andrew Lipton, D.O. is a 1991 graduate of the *University of Health Sciences College of Osteopathic Medicine*, Kansas City, Missouri.

The D.O. or Doctor of Osteopathy is a degree in medicine combined with training in [Osteopathic Manipulation](#). Osteopathy was founded in Missouri and there are only 15 schools that train physicians in this technique.

Dr. Lipton has taken advanced training in osteopathic manipulative treatment (OMT) and is Board Certified by the *American Osteopathic Board of NeuroMusculo Skeletal Medicine*. He completed his residency in Family Medicine at *Suburban General Hospital*, Norristown, PA and is Board Certified in *Family Medicine*.

Dr. Lipton was trained in [Chelation Therapy](#) by the *American College for Advancement in Medicine*, a group of physicians dedicated to being open to new alternatives in medicine. He is also Board certified by the *American Board of Chelation Therapy* and is a member of several professional organizations: American Osteopathic Association (AOA), American College of Osteopathic Family Practitioners (ACOFP), Pennsylvania Osteopathic Medical Association (POMA), American Academy of Osteopathy (AAO), American College for Advancement in Medicine (ACAM).

Dr. Lipton has received advanced training in the following therapies: Chelation therapy, Bioidentical Hormone Replacement, Prolozone Injection Therapy, Oxidative Therapy, Photoluminescence, Pulsed Electromagnetic Field Therapy (PEMF), Breast and Whole Body Thermography.

Dr. Lipton runs a holistic, alternative medical practice, emphasizing interactive decision making between doctor and patient, meaning the patient and the doctor decide *together* on the best course of action. The goal is to help the patient understand what wellness changes need to occur to achieve desired results.

His philosophy is based on the Latin meaning of the word “doctor” as “one who teaches.” While a physician may lead you to health, he or she cannot heal you. Healing is an internal process. The best surgeon in the world cannot heal you if, after surgery, your body does not innately close the wounds, stop the bleeding, and repair the cut tissue.

That said, Dr. Lipton enjoys working with people who are looking for a medical partner to guide them on the right path toward healing,

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Rodney Dietert is Professor of Immunotoxicology at Cornell University, Ithaca, NY. His interests focus on the prevention of chronic diseases via [patterns that first emerge in children](#).

Diseases rarely, if ever, occur in isolation. Instead, most represent part of a more complex web or “pattern” of conditions that are connected via underlying biological mechanisms.

Understanding patterns of disease may be used to develop new strategies for reducing the prevalence and risk of major immune-based illnesses.

Focusing on patterns of disease, as opposed to individual conditions, offers important venues for environmental health risk reduction.

His recent books include: *Strategies For Protecting Your Child's Immune System* (World Scientific, Singapore, Hackensack, NJ, 2010) and *Immunotoxicity Testing* (as Editor: Springer, NY, 2010).

Rodney previously directed Cornell's Program on *Breast Cancer and Environmental Risk Factors* and the *Institute for Comparative and Environmental Toxicology* and presently serves on panels for the Institute of Medicine (Agent Orange), the WHO (Immunotoxicology Risk Assessment) and the EPA (Trichloroethylene and Pb).

In addition to his 34 year career as a university biomedical professor, Rodney and his wife, Janice, are certified practitioners in [Matrix Energetics](#), a system of healing, self-care and transformation developed and taught by Dr. Richard Bartlett and supported by modern physics, subtle energy physics, and quantum physics.

Rodney and Janice use Matrix Energetics in their transformational work with clients and they can often be found staffing at Matrix seminars. Because it has so many potential applications, Rodney has brought Matrix Energetics into the classroom at Cornell University as an educational tool to expand the learning opportunities for students.

Rodney's overall interest is in protection against chronic disease. He will discuss ways to blend traditional science with modern transformational approaches to reduce health risks and break the cycle of chronic disease.

Source Field Energetics

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Andreja Milovic, CCH graduated from the *University of Zagreb School of Medicine, Croatia*. After graduating, she worked with UN/IOM *Special Medical Program* helping civil war victims. After the war she continued working with refugees through different international programs and humanitarian efforts until her arrival in America at the turn of the century.

She graduated from the 4 year program in Classical Homeopathy at the *School of Homeopathy, New York, NY* in 2006.



Andreja's postgraduate studies include:

- The Advance Program at the *Pacific Academy of Homeopathy, San Francisco, CA*
- A series of Complementary and Alternative Medicine (CAM) seminars
- Seminars with various master homeopaths:
 - Dr Massimo Mangialavori, Modena, Italy
 - Dr Roger Morrison and Nancy Herrick, Port Richmond, CA
 - Dr Rajan Sankaran, Dr Divya Chhabra, Dr Farokh Master, Bombay, India
 - Dr Frederik Schroyens, Gent, Belgium

She is nationally certified in homeopathy by the *Council for Homeopathic Certification*, demonstrating a strong competence in classical homeopathy and is also a member of the *National Center for Homeopathy*.

Andreja's special interest is integrative health and homeopathic treatment of families and children. She enjoys practicing homeopathy with her husband and fellow homeopath, Robert Bannan, LCH, LCCH.

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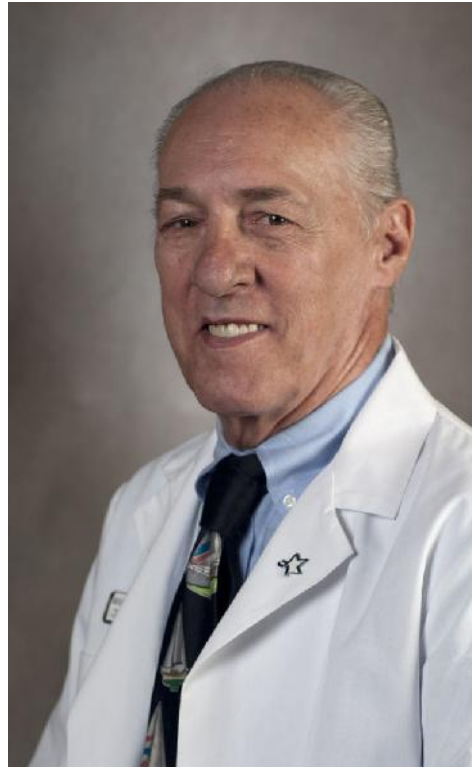
Panel Discussion II: February 25, 2012

Hidden Causes of Chronic Conditions: *Solving the Puzzle*

Dr. Joe Beldonza, DNM, CNHP, CN, DSC, has over 30 years of experience in the natural health field as a doctor of natural medicine, clinical nutritionist and hormone specialist. He has been educating doctors, chiropractors and other health care professionals on how to apply nutrition to enhance their patient's health.

He works closely with DNA Pacific and Endoderm Labs, Bio Health Diagnostics Lab, California based natural health facilities, to help formulate various lines of professional health products and is a consultant for 2 national franchise of women's weight loss centers, Healthy Inspirations, and Thin and Healthy.

Dr. Joe has been involved with clinical and lab research and has years of educational experience in the wellness field including: certifications from Nutra-balance Blood Chemistry Assessment, Environmental Stress Management, Homeopathic Solutions, Bradford Research Institute Blood Chemistry, Total Body Modification, & Sabre Sciences Hormone Analysis.



Most recently he has earned his [Doctor of Natural Medicine](#) from World Organization of Natural Medicine Practitioners. His diversities include: General Nutrition, Homeopathic, Herbology, Live Blood Analysis, and Diagnostics. He has personally analyzed over 20,000 hormone tests and is involved with a breast cancer research project.

Dr. Joe is currently working throughout the east coast and providing nutritional consultations and natural supplements to those looking to naturally enhance their health. He also performs hormone analysis, health screenings via Reams pH/Terrain Assessments, informative lectures and workshops on a variety of nutritional topics. He also works closely with presenters at National Anti Aging seminars.

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Robert Bannan, LCH, LCCH, graduated from the *College of Homeopathy*, London England, in June 1989 after completing the four year licentiate program. He has been in full time homeopathic practice since then and has lived and practiced in the UK, Prague, the Czech Republic and USA.

Since beginning his practice he has been a keen student of all things homeopathic, participating in Jeremy Sherr's *Dynamis School* post-graduate program, going on to edit two books and then studying with Massimo Mangialavori, Modena, Italy and Jayesh Shah, Bombay, India.

Robert has maintained a balance of interest in both the classical sources of homeopathy and the contemporary developments of the last fifteen years.

He has taught programs in the UK as well as several European countries and the USA, running the *Allen Academy* in Delaware (a two year program for health care professionals) and being a core faculty member of the *School of Homeopathy*, NY and – through 2008 – the *American Medical College of Homeopathy*, Phoenix, AZ.

Robert is keen on emphasizing the role of homeopathy in general medical practice but also recognizes its potential for various medical specialties. He encourages interested members of the public to get to know homeopathy well enough to use it in simple domestic situations. Robert shares a practice with his wife and fellow homeopath, Andreja Milovic.

He currently resides in Delaware with office practice at two locations and webcam live connection option via Skype for out of state or clients unable to come to the office.

Robert has extensive clinical experience in a broad range of conditions and is particularly interested in working with people whose health issues have not resolved or responded well with conventional therapy.

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Alan Tillotson, LAc, Ph.D, is owner, director and clinical herbalist at [Chrysalis Natural Medicine Center](#) with his wife, Naixin Hu-Tillotson, a licensed acupuncturist and Oriental Medical Doctor.

Alan holds a Ph.D in integrative Health Sciences from *International University*, a Master's degree in Asian Medial Systems from *Goddard College*, a Bachelor's Degree in Psychology, and a second doctorate in meditation from the *Jin Shan School of Chinese Meditation*.

He is a professional member of the *American Herbalists Guild* (the US peer-reviewed credentialing organization), a diplomate in Ayurvedic medicine (AAAM), and, for several years was guest faculty at *Thomas Jefferson University* on alternative medicine.



After serving as an advisor to the Global Medicine Project at the *University of California, Santa Barbara*, he became a formulator for the Natural Foods industry and developed a product called **Myelin Sheath Support** currently in production.

Alan authored the *Handbook of Ayurvedic Medicine* (1985) and the 600 page textbook for laypersons and professionals entitled, [The One Earth Herbal Sourcebook](#). This book describes the theory and mechanisms behind the safe and effective integration of Chinese, Ayurvedic and Western herbs with modern medicine.

Alan's extensive training as well as his innate knowledge and recollection of almost everything he reads makes him a wealth of information and allows him to approach an individual's health challenge from various perspectives. In addition, he is a well known speaker and herbalist in the tri-state area.

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Ann Wilkinson PTMS, DO, MTP. is an osteopathic physical therapist and award winning columnist utilizing subtle energies, nature, and spirituality to transform conditions of chronic pain and suffering into joyful expressions of being.

A licensed physical therapist and graduate of the University of Delaware, she has also attained a Masters degree from the University of Pittsburgh in medical relations.

Ann's many years of hands on physical therapy is complemented by the fact that she is also a licensed medical professional with over 30 years experience treating patients.

Having diverse and extensive experience treating patients internationally, she is an incredible resource of information on pain and orthopedic dysfunction. While traveling the world to study all aspects of health, healing and wellness, she is a sought after lecturer and teacher as well.

Ann has the unique ability to integrate a variety of traditional and holistic rehabilitative therapies, allowing her to offer much more than just a traditional approach to physical therapy and pain management.

This unique blend allows her to have a basket of tools and techniques from which to rely on, in providing the most personalized direct and specific treatment for each individual.

Hands on Health has been called [Delaware Valley's Premier Physical Therapy Provider](#) by thousands of satisfied patients.

[Ann's Resume](#) will reflect her vast understanding not only of traditional medical practice but also an in-depth knowledge of the world of holistic practice. Because her technique is so unique, it can be applied to people of all ages and all levels of functioning. She also has extensive experience with animal healing.

Her private practice is located on a quaint farm offering many natural and splendid dietary and self sustainable experiences.

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